



Meadowbrook News

MONDAY OCTOBER 10 (Columbus Day)

Plan to join us for ROUND ROBIN TENNIS at 9:30am Bring a dish to share for lunch following the tennis. Please sign up in advance.

ADULT CLINICS

Tuesday, October 18 at 9-10:30am
With enough interest, Tina is happy to give strategy clinics for partners getting ready for interclub matches.

JUNIOR CLINICS

Future Stars - ages 6-9

In October, every Wednesday from 3:45 -4:45pm

Rising Stars - ages 8-14

In October, every Wednesday from 4:30-6pm.

Stars (Intermediate) - ages 9-15

Every Wednesday 4-5pm

Call Tina with your questions & to reserve your space at: 595-5197.

Junior Tennis - 10 and under Program

Parents keep in mind SUNDAY, OCTOBER 9 at 2pm for Junior Tennis PLAYDAY. This event is free to the public (and members) however advance sign up is required. Please call us! The PLAYDAY is sponsored by the United States Tennis Association (USTA) in conjunction with Meadowbrook and is intended to introduce and improve tennis skills for a younger group of potential players. We encourage parents, especially those with young children, to take part in this program. It will make your time, with your children, at the tennis club and on the court more fun. Call us to reserve your space. Call the club at 394-6629 or call Jeff Bautista at 920-1199

TENNIS TIPS from the pro

A sensitive issue may arise with doubles partners when, although they have been encouraged to 'talk to each other' during a match, one player may be tempted to make a statement or facial expression which implies criticism. When a partner plays poorly or dumps a crucial shot, rather than make a disparaging remark, enhance your partner's position with a positive comment or just move on. To be a winning team it is important to have respect for one another. If one person feels they are the weak link it may be time to get a professional to evaluate your doubles game together. During a match leave irrelevant chatter until later. It can be distracting for your partner and those players on the next court. It is just good manners!

SWIMMING LESSONS

Kristy Hussain is active giving private lessons during the weekdays, usually from about 11am -1:30pm Her lessons are not restricted to members. Call her at 262 9574. Parents or a designated adult are required to be in attendance at the poolside while their children are in the water. SAFETY FIRST!

CLUB HOURS

Monday – Thursday: 7:00 to 9pm
Friday-Saturday: 7:30am to 8:00pm
Sunday--7:30am-9pm

ENOUGH TENNIS ???

Join Kerry Neece's doubles tennis group on:

Wednesdays 9-11am
Thursdays 6:30-8 pm
Fridays 9-11am
Saturdays 9-11am
Call Kerry's cell, 236-5067, for more information and to reserve your spot. Please arrive on time & call in advance to cancel.

FREE FRIDAY TENNIS

To accommodate everyone who wants to invite a tennis player on Friday mornings we are asking you to invite only one guest. We remind you that our quest policy has always been that we welcome the same person a limited number of times. Thanks you.

HIGH NOTES.

Our thanks to club members, Wendy Kauhaahaa, Brenda Rhodes, Linda Downum and Dora & Murray Macdonald who helped Jeff Bautista, our Board member, organize our Quick Start Junior Tennis instruction Day. The day was a success with 22 participants, who are ready to work with under 10 junior players.

Beginning this month we are asking members not to bring their DOGS into the club. We have not enforced a long standing NO DOGS rule, however, with so many complaints (barking, biters and poopers) we have to ask you to keep the dear little fellows at home.

Speaking of complaints, - we are reminding you, that although we don't have marked parking spots, to respect the no parking signs placed along the retaining wall where a parked car makes it impossible for those on the other side to back out and please do not take more than one parking space.

FITNESS CORNER

Have you heard it said that "You get fit to play tennis not to expect that playing tennis will make you fit". Give yourself permission to take the time required at least a few times a week to do a fitness routine to increase your stamina on the court --- Include strength & flexibility exercises. Consider a discussion with Tina, Our Pro, who has very good suggestions, specific to tennis players about a fitness suggestion or two that may help get you started.

WELCOME NEW MEMBERS

PEAKE, Mark & Kimberly with Theodore 4.5 & Jonah

CRUZ, Daniel

BARTOW, Jay & Gail